



### Rayleigh Leisure Centre

Priory Chase  
Rawreth Lane  
Rayleigh  
Essex  
SS6 9NF

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W: [www.rayleighleisure.co.uk](http://www.rayleighleisure.co.uk)  
E: [info@rayleighleisure.co.uk](mailto:info@rayleighleisure.co.uk)

### Centre Opening Times\*:

Mon-Fri: 07.00-22.00  
Sat: 08.00-18.00  
Sun: 08.00-20.00

### Gym Opening Times\*:

Mon-Fri: 07.00-22.00  
Sat: 08.00-18.00  
Sun: 08.00-20.00

\*Subject to change

For studio class times please consult our studio programme

## Our facilities and activities price list

	Concession Price*	Price
Admission to Centre	FREE	£0.85

Gym		
Gym session (60mins)	£5.20	£6.05
Gym session (60mins) - Junior/Senior/Disabled	£3.15	£3.90
Gym induction	£22.80	£31.00
Gym induction - Junior/Senior/Disabled	£11.65	£15.85

Studio		
Class (45min)	£3.30	£3.80
Class (60mins)	£4.45	£5.10
Aqua Aerobics**	£4.35	£5.00
Aqua Natal**	£3.05	£3.15
BTS Class (Body Pump, Combat, Balance, Attack)	£4.90	£5.55
BTS Class (Body Pump, Combat, Balance, Attack) 45mins	£3.75	£4.15
Fit Fifties	£2.95	£3.25
Pilates	£4.90	£5.55
RPM (Cycle)**	£3.75	£4.15
Yoga (60mins)	£4.90	£5.55
Yoga (90mins)	£5.90	£6.60

## Our facilities and activities price list

Pool**		
Swim - Adult	£2.75	£3.15
Swim - Junior/Senior/Disabled	£1.65	£1.85
Swim - Under 5s	FREE	FREE
Family Ticket (2 adults & 2 children)	£7.25	£8.00
Family Ticket (1 adults & 3 children)	£6.05	£7.25
Family Ticket (additional child)	£1.05	£1.05
Fun Swim	£2.00	£2.25
Fun Swim (Fridays)	£2.40	£2.65
Sunrisers - Mon-Fri 0700-0845 (12 tickets)	£24.65	£28.35

Sports Activities		
Multi Purpose Outdoor Pitch Peak (60mins)	£32.60	£37.00
Multi Purpose Outdoor Pitch Off Peak (60mins)	£24.75	£29.85
Floodlights	£9.45	£9.45
Badminton/Tennis Peak (60mins)	£7.50	£8.25
Badminton/Tennis Off Peak (60mins)	£6.70	£7.40
Squash Peak (40mins)	£6.90	£7.70
Squash Off Peak (40 mins)	£6.10	£6.80
Climbing Wall - individual (60mins)**	£3.80	£4.30
Climbing Wall - group (60mins)**	£37.30	£37.30
Table Tennis (60mins)	£3.50	£4.00
Active Life Over 50s Recreation (2hrs with free swim)**	£2.75	£3.15
Ladies Recreation**	£3.50	£3.90

Club V		
Creche - 60mins	£2.40	£2.70
Creche - 90mins	£3.50	£3.70
Creche - 120mins	£4.40	£4.70

24 hours notice is required for the cancellation of any booking, including creche and Club-V activities.

\* Rochford Leisure Card holders and Virgin Active Health & Fitness members where applicable

\*\* Clements Hall only  
Off Peak: Mon-Fri 07.00-17.30 and all day Saturday  
Peak: Mon-Fri 17.30-23.00 and all day Sunday



A more **leisurely**  
exercise experience

**Rayleigh Leisure Centre**



working in partnership with



# Work out, splash out, or just chill out...

**Rayleigh Leisure Centre**, and our sister site, **Clements Hall Leisure Centre**, are both managed by Virgin Active Health Clubs, on behalf of Rochford District Council.

It's a unique partnership that lets you benefit from the latest exercise innovations, exhilarating studio classes, plus sports courses and activities for all ages and fitness levels – all in a fun, family-oriented environment.



## Our doors are open

Anyone can come along and use our facilities on a Pay and Play basis. Or if you buy an annual Rochford Leisure Card, you'll get free admission to the centre and a concession rate on all activities and courses. But to really make the most of our facilities and save money, we have a range of flexible Virgin Active membership options, including no contract and no commitment!

## Gym & studios

Run, step, cycle, climb, or lift your way to wellness in the gym, which is equipped with all the latest Technogym® cardio and resistance equipment and mounted TV screens for your entertainment.

Or take advantage of our a packed timetable of weekly studio classes, ranging from high-energy workouts to rejuvenating mind/body sessions.



## Personal training

Get results faster, safer and more effectively with the expert advice and guidance of a Personal Trainer. Choose from a range of affordable packages, which offer great value for money and potentially life-changing rewards!

\*For more information on studio classes, pick up a copy of our studio class programme from reception.

## Sports facilities and courses

Our facilities include badminton and squash courts, and outside multi-purpose pitches for tennis and football.

We also offer a wide variety of enrolment sports courses, plus Pay & Play sessions for all ages.

- Badminton
- Basketball
- Netball
- Tennis
- Trampolining



## Indoor bowls

Have a bowl in our impressive Indoor Bowls Arena with four rinks. You can use the facilities on Pay & Play or 'roll up' hire, or you can become a member of Rayleigh Leisure Indoor Bowls Club, which is accredited to the English Indoor Bowling Association.

Call the Rayleigh Leisure Centre for more information.



## Kids' Club-V & crèche

We provide childcare for kids from six weeks up to eight years of age in our OFSTED registered crèche. Relax in the knowledge your little ones are safe in our excellent care - with a bucket load of toys and daily activities to suit their age!

Mon-Fri: 09.30-13.00

## Kids' activity sessions

We'll keep your little ones entertained for hours with a variety of sports, games and activities. Don't let your kids miss out on all the fun – speak to our crèche team for more details.

- Alley Antics (3-8 yrs)
- Jump & Shout (3-8yrs)
- Funky Monkey Toddler Time (18months – 3yrs)



## Birthday parties

Leave the mess and stress to us and celebrate your kids' birthday in our fully supervised facilities. We have loads of sports, games and activities to choose from, plus a tasty menu of party food available - and will even do all the cleaning up!

Party (*min 10 children)	Min Age	Max Nos	Price per party*	Per extra child (member)	Per extra child (non-member)
Slam Dunk	6 yrs	20	£45	£4.25	£4.50
Football	3 yrs	20	£45	£4.25	£4.50
Football with coach	3 yrs	20	£55	£5.25	£5.50
Trampoline	8 yrs	12	£55	£5.25	£5.50
Blast Multi Activities	3 yrs	20	£45	£4.25	£4.50
Toddler**	6 mths	10	£35	£3.25	£3.50

\*\* Toddler parties are held weekday afternoons  
All food is booked via Squires Café at an additional cost.

## Rochford Leisure Card

Get the card, and then get free admission to Clements Hall and Rayleigh Leisure Centres, plus a reduced rate on all activities and courses as you Pay and Play. Ask our reception team for a registration form to purchase yours.

	Adult	Juniors (under 17)	Seniors (over 60)	Family (2 adults)	Family (1 adult)	Couple
Rochford Resident	£22.55	£13.40	£13.40	£45.15	£38.90	£34.40
Non-Resident	£29.15	£17.55	£17.55	£60.40	£52.50	£46.80

But remember if you use the leisure centres twice a week or more, you could **save EVEN more money with a Virgin Active membership**. Speak to our reception team for more details.

## Facilities hire

Our facilities are available to hire, which includes use of a sports hall, squash and badminton courts, an outdoor multi-purpose court for tennis and football, plus loads more. Speak to our reception team on **01268 654510** for prices and information.



## Squires café/bar

Catch up with friends for a bite to eat, enjoy a refreshing drink after a hard workout, or treat the family to a range of healthy options from our children's menu.



## Swimming pool & spa

Our sister centre, Clements Hall Leisure Centre offers impressive pool and spa facilities, including a 25-metre swimming pool with spectator seating, a separate teaching pool, sauna, steam room & spa pool. A highly successful swimming instruction programme is also available throughout the year, during term time, monitored by the ASA.

Want to find out more about Clements Hall Leisure Centre? Call 01702 207777 to speak to the reception team today!